

18. Spectacle Dispensing

- It is very important to select a suitable size of frame for the patient. The PS 80 frame (CBM standard) comes in several sizes to help manage this.
- You must always state the patient's pupillary distance (PD) and near centration distance (CD, otherwise called the near PD) on the order. Although this is not normally a problem, in higher powers and bifocals it is essential.
- Choice of lens is fairly limited, but you need to know the advantages and disadvantages of bifocals, in order to offer the patient the best possible correction.
- The side length needs to be adjusted to make the glasses fit the patient on collection.
- Order writing MUST be clear. Remember the correct notation.
- Avoid large frames if the prescription is big as the glasses will be heavy and the lenses much thicker.
- If a patient has two pairs of glasses (distance and reading) it is useful to supply different colour frames to help identify what the glasses are for.